



The HOPE project

The Hope Project is a low-level, early intervention project aimed at supporting pupils' emotional needs in schools. This is done through 1:1 listening sessions, group activities and whole-school promotion of positive emotional health & wellbeing.

Infant, Junior and Primary schools in Staffordshire and Derbyshire are participating in the Hope project. Each school has made a commitment to supporting the emotional health and wellbeing of its' pupils.

School staff have received training to increase their understanding of the mental health development and mental health needs of children. In addition to this mental health knowledge they have learned about listening, questioning and using feedback tools to monitor interventions. This awareness ensures the Hope mentors offer effective listening and support which enables positive change in the child/young person.

The project is currently funded through CCG's and school budgets. Therefore there is only a limited amount of time for the Hope mentor to support pupils' emotional needs. It is hoped that in time the Hope Project will be able to secure additional funding to offer a wider range of interventions in schools and to fund more hours for mentors.



**Little by little, day by day,
what is meant for you
WILL find its way**